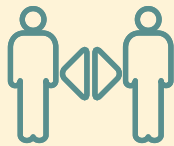


6 SIMPLE STEPS

TO PROTECT YOU AND YOUR LOVED ONES FROM CORONAVIRUS (COVID-19)

While there is no vaccine currently available for Coronavirus, there are simple ways we can all stop it from spreading.



Keep your distance

from others if you're sick OR if they're sick. Avoid close contact such as shaking hands, hugging and kissing.



Stay home from work and school if you are unwell

Don't go shopping or use public transport until you feel better.



Wash your hands

regularly, particularly after going to the toilet, blowing your nose and handling used tissues.



Cover coughs and sneezes

and sneezes with a clean tissue or your elbow.



Avoid touching your face

your eyes, nose and mouth. And don't handle food unless you have washed your hands.



Wipe down surfaces

frequently touched surfaces like bathroom sinks and kitchen counters.

For the latest information about Coronavirus, refer to the trusted websites below:

SA Health



sahealth.sa.gov.au/COVID2019



facebook.com/SAHealth



[@SAHealth](https://twitter.com/SAHealth)

Smartertraveller smartertraveller.gov.au
Australian Government Department of Health health.gov.au



Government of South Australia
SA Health